

WARRIOR BOOTCAMP SCHEDULE

(Effective December 3, 2018)

| TIMES | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------|---|---------|---|----------|---|--|
| 5:30am | <p>Warrior Bootcamp 60 min. w/Alec</p> <p>(Full Club Member or punch card)</p> | | <p>Warrior Bootcamp 60 min. w/Eric</p> <p>(Full Club Member or punch card)</p> | | <p>Warrior Bootcamp 60 min. w/Eric</p> <p>(Full Club Member or punch card)</p> | |
| 8:30am | <p>Warrior Bootcamp 60 min. w/Jake</p> <p>(Full Club Member or punch card)</p> | | <p>Warrior Bootcamp 60 min. w/Jake</p> <p>(Full Club Member or punch card)</p> | | <p>Warrior Bootcamp 60 min. w/Jake</p> <p>(Full Club Member or punch card)</p> | <p>Warrior Bootcamp 60 min.</p> <p>(Full Club Member or punch card)</p> |
| 3:15pm | <p>Warrior Bootcamp 60 min. w/Eric</p> <p>(Full Club Member or punch card)</p> | | <p>Warrior Bootcamp 60 min. w/Eric</p> <p>(Full Club Member or punch card)</p> | | <p>Warrior Bootcamp 60 min. w/Eric</p> <p>(Full Club Member or punch card)</p> | |
| 4:30pm | <p>Warrior Bootcamp 60 min. w/Alec</p> <p>(Full Club Member or punch card)</p> | | <p>Warrior Bootcamp 60 min. w/Alec</p> <p>(Full Club Member or punch card)</p> | | <p>Warrior Bootcamp 60 min. w/Eric</p> <p>(Full Club Member or punch card)</p> | |
| 6:00pm | <p>Warrior Bootcamp 60 min. w/Alec</p> <p>(Full Club Member or punch card)</p> | | <p>Warrior Bootcamp 60 min. w/Alec</p> <p>(Full Club Member or punch card)</p> | | | |